



Join the Celebration

January

The Ultimate Library Tour . . .
Fighting Chance visits all 8 on
the East End for Website Launch

Publication of New Patient Guides

February

Ladies' Night Out
at The American Hotel

March

The "Hope Float" at
Montauk St. Pat's Parade

May

Salsa/Zumba
Latino Family Nite

Golf Experience Auction

Marching in Sag Harbor's
Memorial Day Parade

June

Summer Gala in East Hampton

Carey Family Golf Tourney
in Shelter Island

Survivor's Day Celebration
at Southampton Hospital

July

Swim Against Cancer
in Amagansett

Friends of Fighting Chance
Shelter Island Reception

August

The "Wine Bus" Tour
of North Fork Vineyards
Patients Visit Longhouse

September

Lobster Bash at Duryea's
in Montauk

Fighting Chance Info Booth
at The Hampton Classic

October

Charity Fishing Tournament

December

Lighting of The Vines
at Wolffer Vineyards
in Sagaponack

Annual Report

Chairman's Letter

March 2017



34 Bay Street, Sag Harbor, NY
631.725.4646

Free Cancer Counseling Center Serving the East End . . . Since 2002

To Friends Old and New . . .

Our Annual Reports, traditionally, come out in March and look back to events that occurred in the year just completed. We had another successful year in 2016, expanding our patient services with revenue slightly greater than our operating budget.

But 2017 is a special year for Fighting Chance because it marks our 15th Anniversary -- something that we will be celebrating with a series of events taking place almost monthly during the year.

So this Annual Report is mainly devoted to a preview of the special events of 2017 . . . some of which already have taken place, although most are planned for the months ahead.

In 2017 we also will begin the process of adding a "Membership" feature to the way our local community supports Fighting Chance. To that end, an envelope making it easy for you to join is enclosed with this report. You also can join by visiting our website www.fightingchance.org and click "Membership" on the homepage.

Membership costs \$75 per year which comes out to about 20¢ per day. And for that you are insuring that East End cancer patients are given the support of Fighting Chance in battling the disease, which in many cases will improve their odds of survival.

Sincerely, Duncan Darrow

Membership Drive Launches in 2017

**20¢ /day on the East End . . .
Gives cancer patients a fighting chance**

**Worth it? Then join us.
Become a Member. A link in the Chain.**

*Benefits: Pride that the East End
has America's oldest and largest
free cancer counseling center . . .
enhancing the quality of life
and healthcare for everyone.*



JOIN. BE A LINK IN THE CHAIN

January

With a special fundraising push in late 2016, and “a matching funds” commitment from the Hampton Jitney, Fighting Chance entered 2017 with 1,000 free Jitney tickets to give away, at our Sag Harbor office, to cancer patients traveling to New York City for specialized treatments.

The Program - - called “Cancer Patients Ride Free” started in 2014 (when we gave away 500 tickets), continued in 2015 (when we gave away 750 tickets) and now has expanded in 2017 with 1,000 free tickets for use by East End Cancer patients. And special thanks to Geoff Lynch.

Cancer Patients . . . Ride Free in 2017



Every Saturday night during the month of January we were in the lobby of Bay Street Theatre meeting the fans of Nancy Atlas (as a co-sponsor of her concert series) and finding, as they learn more about our charity, many of them become fans and supporters of Fighting Chance as well.

This was a new form of community outreach for us, and one that proved very successful.



FREE CANCER COUNSELING CENTER SERVING THE EAST END SINCE 2002

COUNSELING | LEARNING | NAVIGATION



ORGANIZATION | NEWS | CONTACT US



FREE COUNSELING

CLICK

Staff Resources
Counseling Formats

FREE LEARNING

CLICK

Resource Directory
Tips & Strategies
Cancer Simplified

FREE NAVIGATION

CLICK

Cutting Red Tape
Free Transportation
Financial Aid

Every business has to redesign its website every few years to keep up with new technology. In 2017 we are launching a completely revamped website, which reflects much of the hard work done last year. Please be sure to visit it: www.fightingchance.org

Fighting Chance Launches New Website with Local Library Tour



Bridgehampton

Tuesday
Jan 10



Sag Harbor

Thursday
Jan 12



East Hampton

Friday
Jan 13

February

Save the Date Wednesday 6 - 8 pm
February 8, 2017
Open Bar - Raffle

Ladies' Night for a Cause

to Benefit

Cancer Counseling Center
Free
FIGHTING CHANCE
Since 2002
Sag Harbor

For Tickets (\$50) call Fighting Chance
631.725.4646

Another 15th Anniversary Event

FIGHTING CHANCE
2017

Practical Tips & Strategies
for Cancer Patients
on the East End
of Long Island

www.fightingchance.org
Hotline: 631.725.4646

TABLE OF CONTENTS	
Introduction	Fighting Chance -- an East End Charity.....(ii)
Chapter 1	The Arc of the Disease.....1
Chapter 2	Patient Empowerment.....4
Chapter 3	Selecting an Oncologist.....6
Chapter 4	Assembling a Support Team & Education.....8
Chapter 5	Genomic Testing, 2nd Opinions & Clinical Trials.....12
Chapter 6	Health Insurance, Financial Issues & Patient Rights.....16
Chapter 7	Primary Therapy.....24
Chapter 8	Side Effects & Additional Treatment.....28
Chapter 9	Survivorship.....32
Appendix	Author's Notes.....35
	Professional Staff of Fighting Chance

FIGHTING CHANCE
2017

Resource Directory
for Cancer Patients
on the East End
of Long Island

www.fightingchance.org
Hotline: 631.725.4646

TABLE OF CONTENTS	
Introduction	Fighting Chance -- an East End Charity.....ii
Chapter 1	Free Patient Care Services at Fighting Chance.....1
Chapter 2	Changing Landscape of Cancer Care on the East End.....3
Chapter 3	Hospitals for Cancer Patients on the East End.....5
Chapter 4	The Comprehensive Cancer Centers of New York City.....9
Chapter 5	Oncologists Based on the East End.....11
Chapter 6	Important Non-Oncology Physicians on the East End.....13
Chapter 7	Transportation Assistance.....19
Chapter 8	Urgent Care & Ambulance Services.....21
Chapter 9	Pharmacies Serving the East End.....23
Chapter 10	Wellness/Yoga & Complimentary Medicine.....25
Chapter 11	East End LCSWs Without an Oncology Emphasis.....27
Chapter 12	Physical Therapy.....29
Chapter 13	Help At Home.....31
Chapter 14	Hospice Options & Calvary Hospital.....33
Chapter 15	Useful Websites.....35
	Author's Notes.....37

In 2016 we worked for months to revamp our popular pamphlet, known as Coping With Cancer on the East End, into two separate Guides which you see here.

The Blue Guide concentrates on strategy -- with practical tips that we've learned from 15 years of navigating the cancer journey for scores of patients. The Orange Guide is a "where-to-find-it" directory of important cancer care resources on the East End. You can find e-copies of both Guides on our website, and hard copies are available at our Sag Harbor office, and at all local hospitals and libraries.



March

At Fighting Chance we always are looking for new ways to make more members of the community aware of our free-of-charge services.

In 2017 our outreach will include the "Hope Float," which will be premiering in Montauk's always popular St. Patrick's Day Parade on March 26.





Friar's Head
(The Hamptons)



Maidstone
(East Hampton, NY)



Winged Foot
(Westchester, NY)

May



The National
(Southampton, NY)

Golf-a-Rama . . . Live Auction of Golf Course Experiences

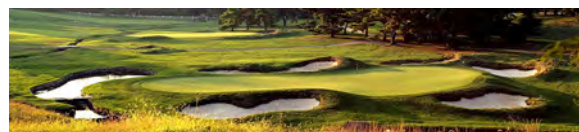


Medalist GC Hobe Sound, FL
(Home course for Tiger Woods, Ricky Fowler & Dustin Johnson)



The Bridge
(Bridgehampton, NY)

MICHAEL'S
24 West 55th Street, NYC



Merion GC
(Haverford, PA)

June

Cancer Counseling Center
FIGHTING CHANCE
Free
Since 2002
Sag Harbor

Fighting Chance Gala 2017
Saturday, June 4, 2017
7:00 to 11:00 pm
MAIDSTONE CLUB
East Hampton, NY
Open Bar, Buffet Dinner
Music to Dance To & Silent Auction
Tables For 10 at . . .
\$7,500 \$4,500
Individual Tickets: \$450
To Purchase Tables or Individual Tickets
Please Call The Fighting Chance Offices
631.725.4646
or to purchase online go to
www.fightingchance.org/gala

Another 15th
Anniversary
Event



CAREY FAMILY CHARITY GOLF TOURNEY . . . ON SHELTER ISLAND



July

**7th Annual
Hamptons Charity Swim
Against Cancer**



7/8/17

Entry Fee: \$100

To Register: Call 631.725.4646

or register at: www.fightingchance.org/swim

RESSLER HOUSE

14 SHORE RD DERING HARBOR

SAVE THE DATE



The Shelter Island Friends
of Fighting Chance

cordially invite you to a

Charity Cocktail Reception

Saturday, July 15th
6 - 8 pm

\$75 per person
To reserve call Nancy at 631.725.4646

August

October

**From Boats & Beaches ...
Montauk Monster Blues
Charity Fishing Tournament**



**Tour of
North Fork
Vineyards**

Your Guide:
Roman Roth,
Chief Winemaker
Wolffer Estate



December

**Lighting of the Vines
Family Night
Wolffer Vineyards
Sagaponack**



What Fighting Chance means to our community ... thoughts from the Founder.

In 2002, my mother, who lived in Sag Harbor, was diagnosed with lung cancer. I was the main caregiver and she lived 100 days.

We desperately needed someone to patiently educate us about cancer so we could make well informed decisions concerning treatment options.

We needed an expert to help navigate the healthcare system which was overwhelming us with red tape.

Both of us also felt shell-shocked and needed a place with professional counselors who could help us overcome the feelings of fear and helplessness.

Back then, there was no place to go. Now there is. Fighting Chance.

In the last 15 years, we've counseled thousands of East End cancer patients, even as the demand for our services continues to expand. Our chain is strong, but we need more links. Join us.



Duncan Darrow,
Founder & Chairman
Fighting Chance

What Fighting Chance means to our community ... testimonials from our former and current Directors.



"The unique care that Fighting Chance provides to East End cancer patients has been a true blessing to our community."

Rev. Peter Larsen,
Chairman of the Board, Emeritus
Southampton Hospital
& former Fighting Chance Director



"As a Nun, I see Fighting Chance as a sanctuary of compassion for cancer patients, which was bound to lift their spirits"

Sister Ann Marino
Director of the Cormaria Retreat House
& former Fighting Chance Director



"Fighting Chance helps us treat the whole patient and not just the tumor. This holistic approach really is the gold-standard for cancer care."

Martin S. Karpeh Jr., MD
Surgeon-in-Chief
Hackensack University Medical Center
& Fighting Chance Director

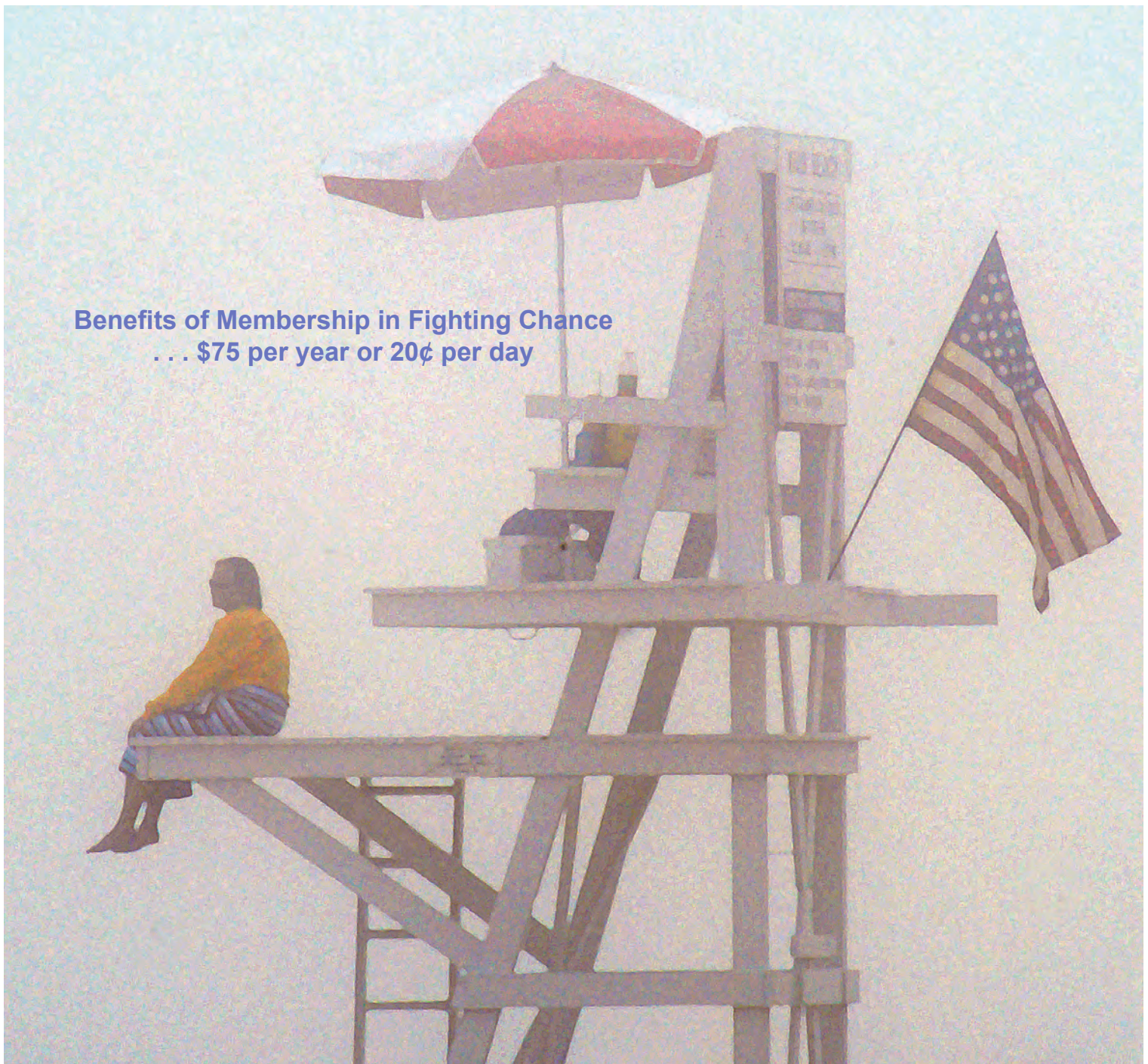
"The services rendered by Fighting Chance are a source of renewal for many patients moving forward on their personal road to wellness"



Isamettin Aral, MD,
Radiation Oncologist/Riverhead
& Fighting Chance Director



JOIN. BE A LINK IN THE CHAIN



Benefits of Membership in Fighting Chance
 . . . \$75 per year or 20¢ per day

The Life Guard, Ken Robbins

1) You're a **Link in the chain**. Giving East End patients better odds -- a real fighting chance -- of beating cancer. 2) **Inbox Inspiration**. A monthly email that shares stories from our 15 years of navigating cancer journeys. Snapshots of moments of courage, compassion, and thankfulness. Sure to lift your spirits. 3) **Recognition by your Peers**. Who will see you listed on our web-site's Membership Wall of Honor, and your own personal member card and decal that you can display with pride. 4) **Chairman's Reception**. A special annual event for Members only. 5) Receipt of our quarterly newsletter, *News From Fighting Chance*. 6) Limited edition print of the classic Ken Robbins photo . . . "The Life Guard."

And remember . . . dues are tax deductible and you do not pay for year 2 if you recruit a new member this year.